

ALL KANSAS & NEBRASKA
SHOP HOP

Heartland Legacy

72" x 84"



Designed and Pieced by
Cheryl Nelson
Pink Parakeet Designs

Designed and Pieced by
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All About Quilting & Design

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MATERIALS:

- [1] AKNSH Barn Panel
- 2-1/8 yards Cow Toss on Green
- 2 yards Quilt Block Toss Cream
- 1 yard Quilt Block Toss Red
- 2/3 yard Blender Daisy
- 3/4 yard fabric of choice for binding
- 5-1/4 yards fabric of choice for backing

READ THROUGH ALL INSTRUCTIONS BEFORE BEGINNING. SEW PIECES RIGHT SIDES TOGETHER AND USE A 1/4" SEAM ALLOWANCE THROUGHOUT UNLESS OTHERWISE STATED. WOF - WIDTH OF FABRIC; RST - RIGHT SIDES TOGETHER; HST - HALF SQUARE TRIANGLES

NOTE: To ensure your blocks are the correct size, practice making half-square triangles (HST) and [4] at a time flying geese units to achieve the right seam allowance. This step is key for accurate measurements in your quilting project.

CUTTING INSTRUCTIONS:

From Cow Toss on Green Fabric:

- Cut [13] — 2-1/2" × WOF strips
- Cut [6] — 6-1/2" × WOF strips
- Subcut [36] — 6-1/2" squares

From Quilt Block Toss Cream Fabric:

- Cut [3] — 7-1/4" × WOF strips
- Subcut [12] — 7-1/4" squares
- Cut [5] — 3-7/8" × WOF strips
- Subcut [48] — 3-7/8" squares
- Cut [11] — 2-1/2" × WOF strips

From Quilt Block Toss Red Fabric:

- Cut [5] — 3-7/8" × WOF strips
- Subcut [48] — 3-7/8" squares
- Cut [2] — 3-1/2" × WOF strips
- Subcut [2] — 3-1/2" × 36-1/2" rectangles
- Cut [2] — 1-1/2" × WOF strips
- Subcut [2] — 1-1/2" × 42-1/2" strips (if fabric isn't 42-1/2", you will need to cut an additional strip and piece)

From Blender Daisy Fabric:

- Cut [5] — 3-7/8" × WOF strips
- Subcut [48] — 3-7/8" squares

From AKNSH Panel:

Trim [1] — 42-1/2" × 34-1/2". If panel is not this size, make framing strips wider and trim to size.

From Binding Fabric:

- Cut [9] — 2-1/2" × WOF strips

BLOCK ASSEMBLY:

Barn Center Block

1. Sew [1] — QUILT BLOCK TOSS RED 1-1/2" × 42-1/2" STRIP to TOP and BOTTOM EDGES of BARN PANEL.
2. Sew [1] — QUILT BLOCK TOSS RED 3-1/2" × 36-1/2" STRIP to right and left sides of BARN PANEL. Press seams to strips. This should measure 36-1/2" × 48-1/2".



Pinwheel Star Block

1. Draw a diagonal line on the WRONG side of each of the QUILT BLOCK TOSS RED 3-7/8" squares.
2. Lay [2] — QUILT BLOCK TOSS RED 3-7/8" squares on top of [1] — QUILT BLOCK TOSS CREAM 7-1/4" SQUARE, RST, as shown. The 3-7/8" squares will overlap slightly in the middle. Sew a scant 1/4" seam on each side of marked line; cut apart on marked line. Open and press seam to SMALL TRIANGLES. Set [1] of the just made units aside.

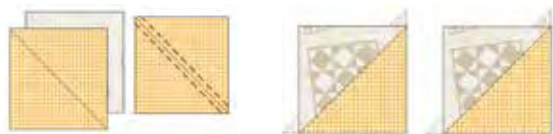


3. Lay [1] — QUILT BLOCK TOSS RED 3-7/8" square on top of unit from Step 2, RST, as shown. Match corner and note that the RED SQUARE will hang over the side of the

triangles. Sew a 1/4" seam on EACH SIDE of marked line; cut apart on marked line. Open and press seam to SMALL TRIANGLE. Repeat to make [48] FLYING GEESE. Flying geese unit should measure 3-1/2" x 6-1/2".



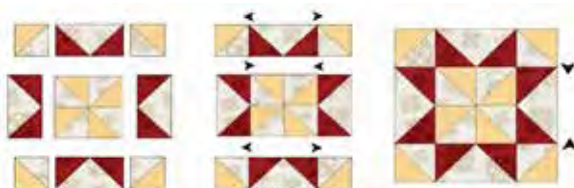
4. Draw a diagonal line on the Blender DAISY 3-7/8" SQUARES.
5. Place [1] MARKED Blender DAISY 3-7/8" SQUARE and [1] QUILT BLOCK TOSS CREAM 3-7/8" SQUARE RST.
6. Sew SCANT 1/4" ON EACH SIDE of the marked line.
7. Cut along the center-marked line to get [2] HST. Press seams toward QUILT BLOCK TOSS CREAM SQUARE. Repeat to make a total of [96] HST. Blocks should measure 3-1/2" square.



8. Assemble Pinwheel Block as shown. Press seams open. Make [12] Pinwheel Blocks. Blocks should measure 6-1/2" square.



9. Assemble Pinwheel Star Block as shown. Press seams in direction of arrows. Make [12] PINWHEEL STAR BLOCKS. Blocks should measure 12-1/2" square.



9-Patch Block

1. Sew [1] COW TOSS ON GREEN 2-1/2" x WOF STRIP to EACH side of [1] QUILT BLOCK TOSS CREAM 2-1/2" x WOF STRIP.

Press seams to Cow Toss strips. Make [5] total strip sets. Be sure to check your seam allowance. Strip sets should measure 6-1/2" wide.



2. Cut each strip set into 2-1/2" wide segments for a total of [72] segments.



3. Sew [1] QUILT BLOCK TOSS CREAM 2-1/2" x WOF STRIP to EACH side of [1] COW TOSS ON GREEN 2-1/2" x WOF STRIP. Press seams to Cow Toss strips. Repeat to make [3] total strip sets. Be sure to check your seam allowance. Strip sets should measure 6-1/2" wide.



4. Cut each strip set into 2-1/2" wide segments for a total of [36] segments.



5. Make [36] 9-PATCH BLOCKS. Press seams out. Blocks measure 6-1/2" square.



QUILT TOP ASSEMBLY:

1. Sew [1] COW TOSS ON GREEN 6-1/2" SQUARE to [1] SIDE of EACH 9-PATCH BLOCK. Press seam to plain block. This should measure 6-1/2" x 12-1/2".



- Using the 9-PATCH/SQUARE UNITS as shown: Make [8] 6-Block units. Make [6] 4-Block units.



- Make PANEL SIDE BORDERS using [2] 4-Block units (orientated as shown) and [1] STAR BLOCK for EACH side. Sew to sides. Press as shown. This should measure $72\frac{1}{2}'' \times 36\frac{1}{2}''$.



- Sew first TOP and BOTTOM PANEL BORDERS using [1] 4-PATCH BLOCK Unit, [2] STAR BLOCKS and [2] 6-PATCH BLOCK Unit for each. Note orientation of all blocks. Sew to top and bottom. Press as shown. This should measure $72\frac{1}{2}'' \times 60\frac{1}{2}''$.



- Sew second TOP and BOTTOM BORDERS using [3] STAR BLOCKS and [2] 6-PATCH BLOCK Units for each. Sew to top and bot-

tom. Press as shown. This should measure $72\frac{1}{2}'' \times 84\frac{1}{2}''$.



FINISHING:

- Divide backing into [2] — $94\frac{1}{2}''$ lengths. Remove selvages from fabrics and join at long edges. Seam will run vertical. Layer the quilt top with batting and backing.
- Quilt as desired.
- Join the $2\frac{1}{2}''$ wide binding strips into [1] continuous piece for binding.
- Label & Enjoy!

Cheryl Nelson



Cheryl is the proud business owner behind Pink Parakeet Designs. When she's not busy turning fabric into quilts, she is plotting her next quilt design or trying to locate her phone (spoiler: it's probably under a pile of fabric!). You can find her creations at both local quilt shops and on Etsy. Cheryl thrives on inspiration from everyday life—music, sunny days, a touch of whimsy, and...flamingos! Each pattern tells a story, and she hopes her designs inspire others to create. She enjoys engaging with fellow creators, especially at Camp Tecumseh Quilt Camp in Delphi, Indiana, where every conversation is a learning opportunity.